

Prayer 101 – Week 5 – Silence & Solitude

Verses: Daniel 9:2 – 19; Psalm 46:10; 1 Kings 19:7 - 19

Key Questions:

Why do we need Silence & Solitude?

How can I arrange Silence & Solitude in my own life?

Silence

Why does God want us to be Silent?

What do we gain from being Silent?

Solitude

Why does God want us in Solitude?

What do we gain from being in Solitude?

Homework: Schedule a time – preferably extended (2 or more hours) – to be Silent and in Solitude with God. Use the Solitude check list found on the back of this sheet.



Silence & Solitude Check List

1. Schedule a date & time.
2. Choose a place that is somewhat convenient for you.
3. Prepare to be alone with God.
4. Come prepared.
5. Be prepared to be silent.
6. Put yourself in a position of Silence and Solitude.
7. Finishing Up.